

LMIT - KM 55 D+ 4.170m

LMIminiT - KM 20 D+ 1.430 m

TRACK

The paths, which we report below, are classified as follows:

“LMIT”: C.A.I.definition: “E - Hiking Route. Itinerary That is almost always Carried out on trails or on varied terrain (pastures, debris, screes) with signs. It Sometimes Develops on open but not difficult terrain. It can take place on steep slopes.”

“LMIminiT”: C.A.I.definition: “E -Hiking route. Itinerary That is almost always Carried out on trails or on varied terrain (pastures, debris, screes) with signs. It Sometimes Develops on open but not difficult terrain. It can take place on steep slopes.”

In the two races there are no sections with alpine difficulties.

The “LMIT” track goes through the municipalities of Maccagno con Pino e Veddasca (VA), Tronzano Lago Maggiore (VA), Curiglia con Monteviasco (VA), Dumenza (VA), and a short mountain section of the Cantone Ticino (Svizzera), in particular:

- **STARTING LINE:** Maccagno con Pino e Veddasca (Parco delle Feste) - 206 m
- Garabiolo (Maccagno con Pino e Veddasca) - 566 m
- Alpe Inent - 704 m
- Centrale Enel di smistamento (località Musignano)
- Pozzo Piezometrico Enel/Ristoro Lago Delio - 932 m

- Bassano – Santuario dell’Assunta (525m)
- Tronzano Lago Maggiore –342 m
- Bassano (Tronzano Lago Maggiore) - 532 m
- Monti di Bassano - 957 m
- Diga Nord Lago Delio - 930 m
- Diga Sud Lago Delio - 930 m
- Monte Cradrigna–1300 m
- Passo Forcora - 1200 m
- Monte Sirti - 1329 m
- Passo Fontanarossa - 1390 m
- Sasso Corbaro - 1528 m
- Località Montereccchio - 1329 m
- Lozzo (Maccagno con Pino e Veddasca) - 874 m
- Piero (Curiglia con Monteviasco) - 614 m
- Ponte di Piero - 549 m
- Monteviasco (Curiglia con Monteviasco) - 926 m
- Rifugio Capanna Merigetto (CAI Germignaga) - 1498 m
- Passo Agario (Svizzera) - 1556 m

- Monte Magino (Svizzera) - 1589 m
- Poncione di Breno (Svizzera) - 1654 m
- Monte Lema (Svizzera-Italia) - 1620 m
- Alpe Pian di Runo (Dumenza)- 1337 m
- Rifugio Campiglio – 1184 m
- Prato Bernardo – 1096 m
- Rifugio Dumenza Alpe Bois (CAI Luino) – 941 m
- Regordallo (Dumenza) - 552 m
- Incrocio 5 Vie – 551 m
- La Campagnetta – 536 m
- **FINISH LINE:** Maccagno con Pino e Veddasca (Parco delle Feste) - 206 m

TECHNICAL CHARACTERISTICS: 2% asphalt - 98% paths.

The “LMIminiT” track crosses the municipality Maccagno con Pino e Veddasca (VA), in particular:

- **STARTING LINE:** Maccagno con Pino e Veddasca (Parco delle Feste) - 206 m
- Garabiolo (Maccagno con Pino e Veddasca) - 566 m
- Alpe Inent - 704 m
- Centrale Enel di smistamento (località Musignano)
- Diga Sud Lago Delio - 930 m
- Monte Cradrigna – 1300 m
- Passo Forcora - 1200 m
- Diga Nord Lago Delio - 930 m
- Diga Sud Lago Delio - 930 m
- Musignano - 721 m
- Sarangio - 534 m
- Entiglio - 299 m
- Palestra di Roccia “Cinzanino”
- **FINISH LINE:** Maccagno con Pino e Veddasca (Parco delle Feste) - 206 m

TECHNICAL CHARACTERISTICS: 2% asphalt - 98% paths.

In both trials the kilometers are not marked. In this regard it is advisable to study well the description of the path provided by the Organization and downloadable from the official website, as well as the relative tracks available on the official website WWW.LMIT.INFO .

Competitors must strictly comply with the competition route marked by range biodegradable paint marks (2 superimposed vertical or horizontal rods or arrows), orange-colored rods or yellow / black ribbons.

Any Signs of different colors must be neglected as they indicate paths that are extraneous to the Lago Maggiore International Trail.

In case you don't meet any of those signs for a distance of about 300 meters, you must go back to make sure you are on the correct path. Removal from the official route, in addition to entailing disqualification from the race, will take place at the exclusive risk and danger of the competitor.